



# Biblia del Tatuaje



TATTOO PARA PRINCIPIANTES



LA TATUADORA

# Biblia del Tatuaje

EJERCITA EL PULSO

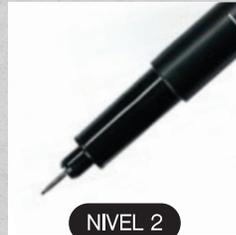
## MATERIALES



NIVEL 1

PORTAMINAS

¿Por qué?  
Ayuda al pulso; si  
dudas queda chueco.



NIVEL 2

ESTILÓGRAFO

¿Por qué?  
Ayuda a la velocidad;  
si paras queda grueso.



NIVEL 3

PINCEL + TINTA CHINA

¿Por qué?  
Ayuda a la presión;  
es similar a la que  
haces sobre la piel.

**IMPORTANTE:** Agrega algún peso a tu material (pueden ser monedas) para tener la sensación que estás sosteniendo una máquina de tatuaje (de 150 - 200 GRAMOS)

## INSTRUCCIONES

- 1 Busca la línea a trazar
- 2 Ponte cómodo
- 3 Encuentra puntos de apoyo
- 4 Toma aire
- 5 Simula el movimiento que harás
- 6 Aguanta la respiración
- 7 Concéntrate, confía y dibuja (empieza por líneas cortas, es más fácil)
- 8 No hables
- 9 Suelta el aire
- 10 Limpia la piel con una servilleta limpia
- 11 Observa
- 12 Análiza.
- 13 Repite
- 14 Mejora

OJO

No hagas todos el mismo día: ¡La práctica hace al maestro!  
Confías en ti, mejorarás poco a poco.

RECUERDA

El trazo varía en función de la presión y de la velocidad.  
Más rápido = trazo más delgado / Más profundo = trazo más ancho.  
Ser constante en velocidad y profundidad hará que se vea uniforme.

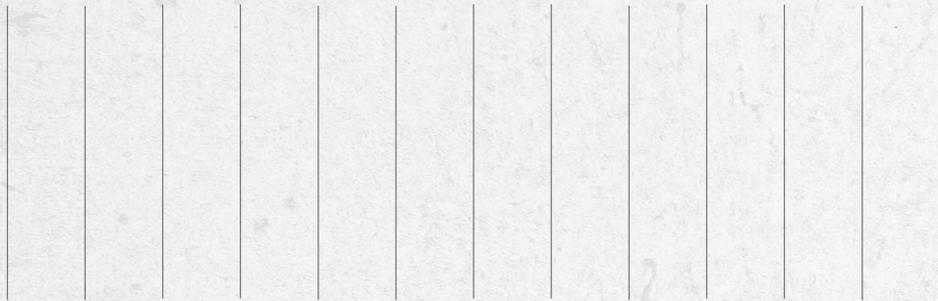
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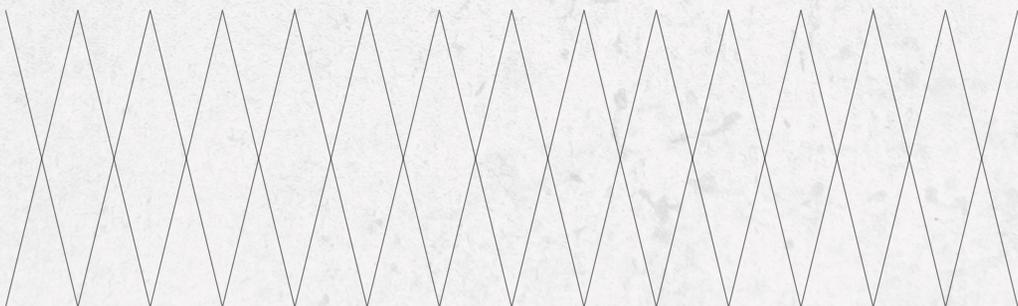
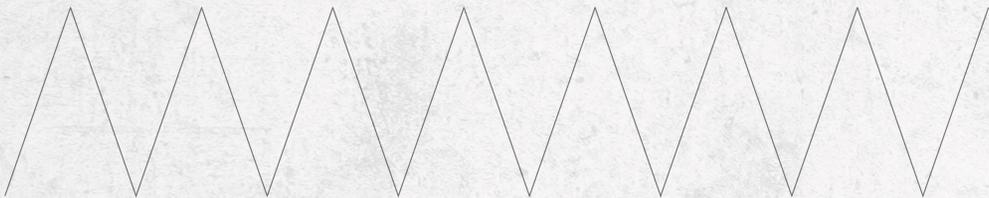
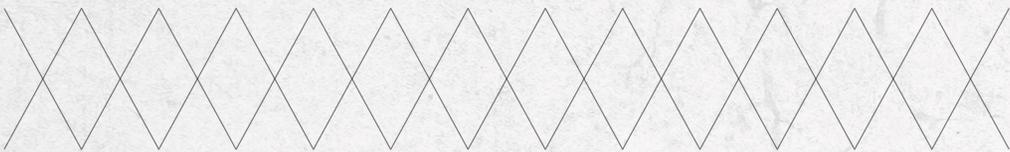
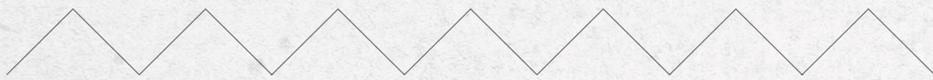
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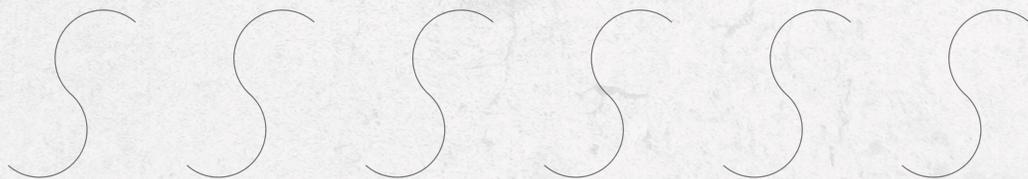
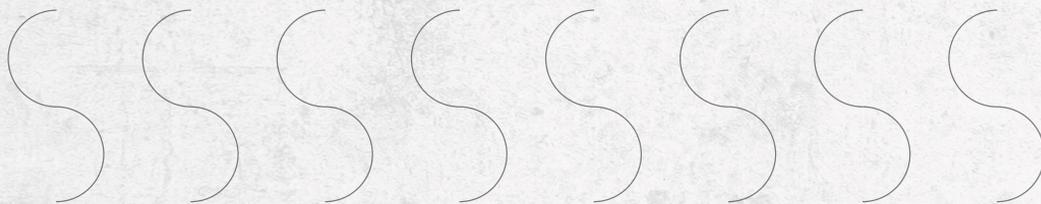
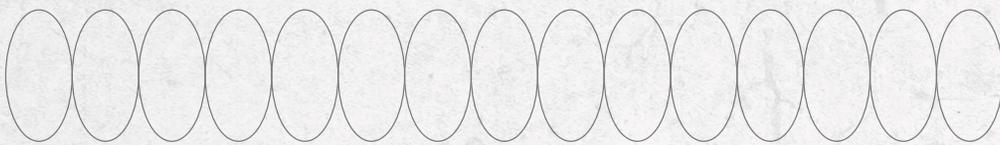
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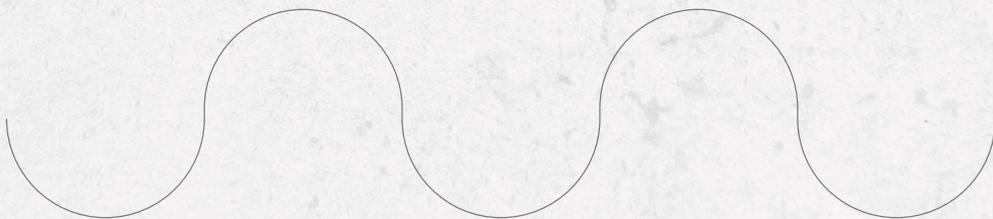
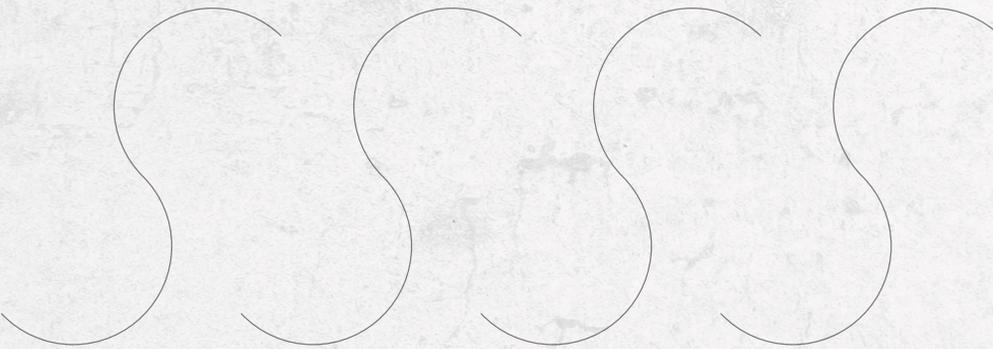
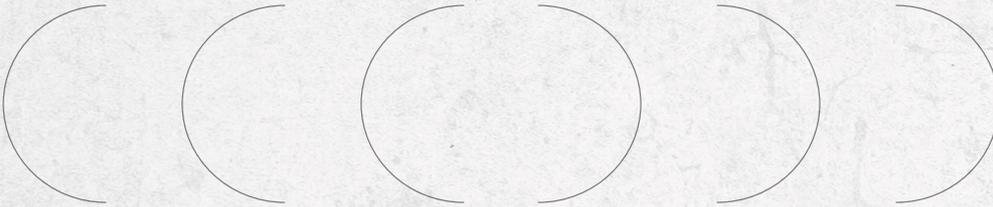
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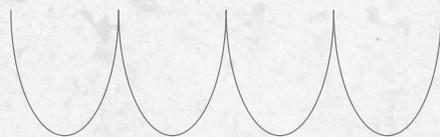
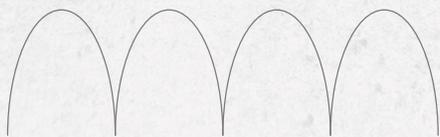
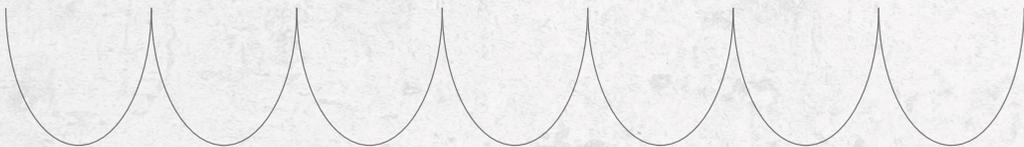
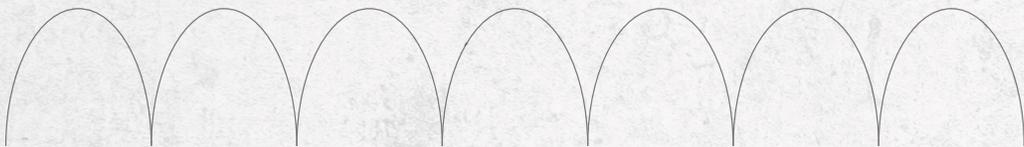
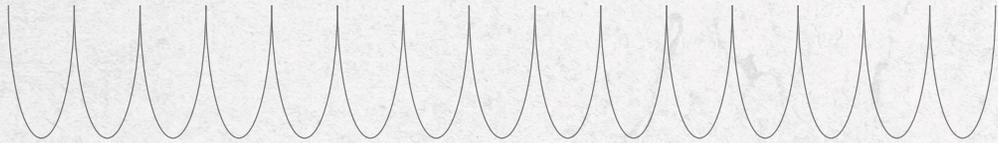
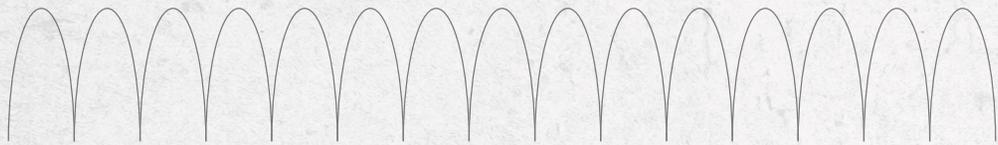
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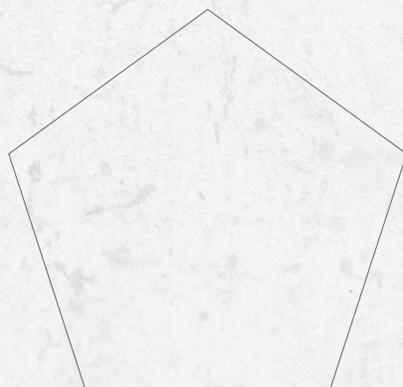
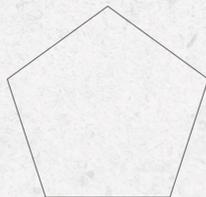
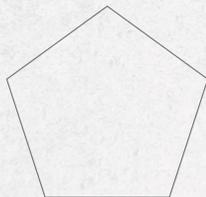
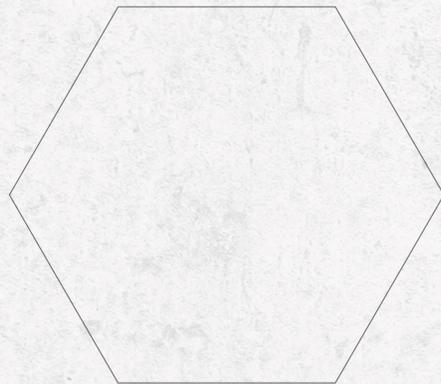
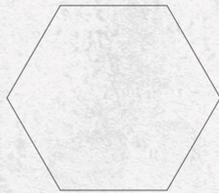
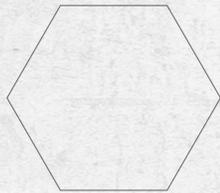
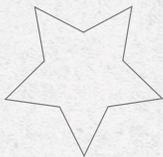
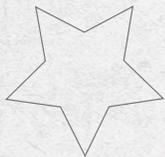
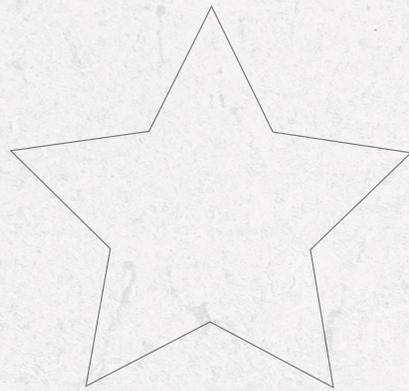
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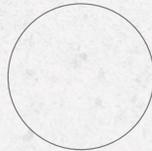
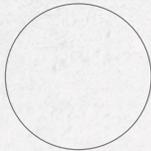
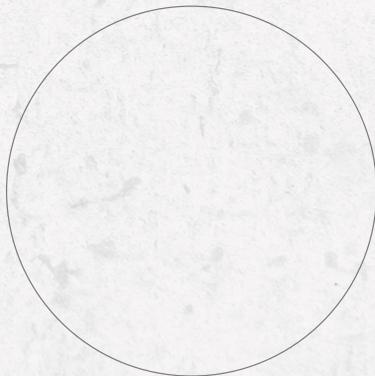
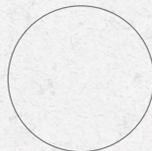
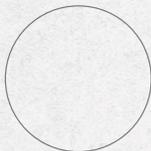
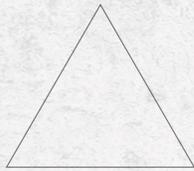
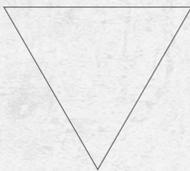
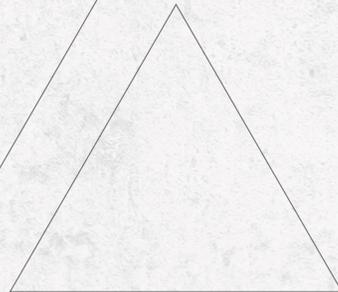
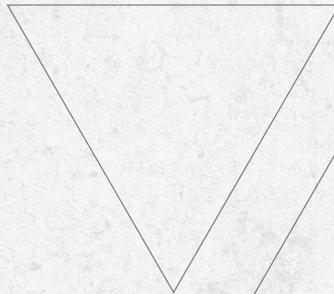
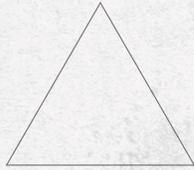
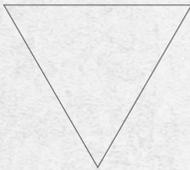
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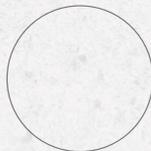
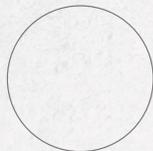
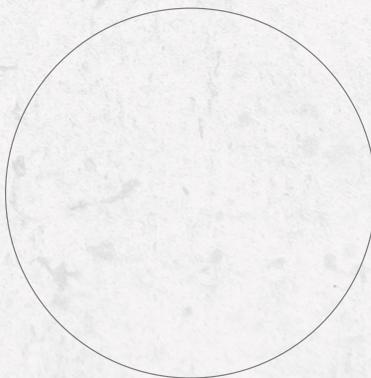
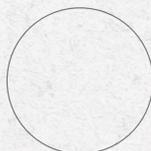
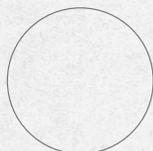
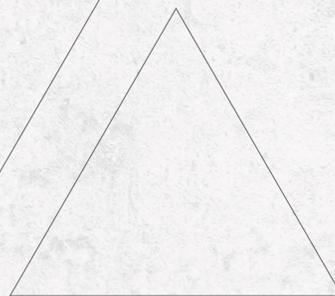
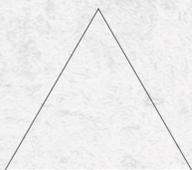
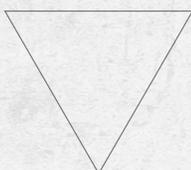
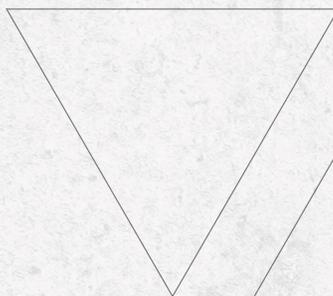
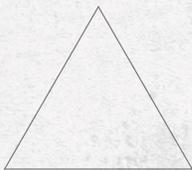
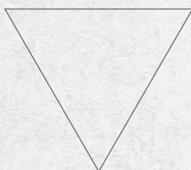
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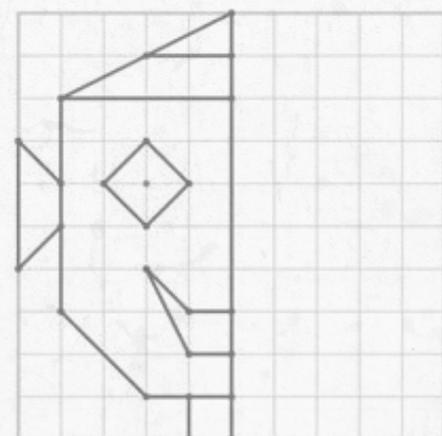
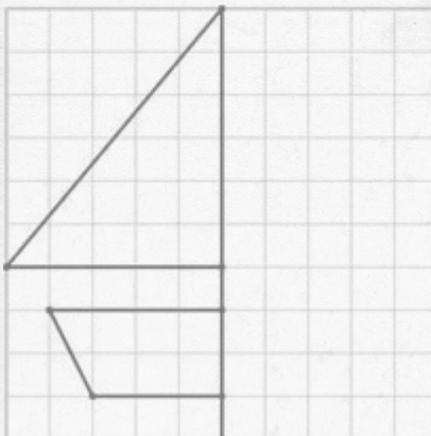
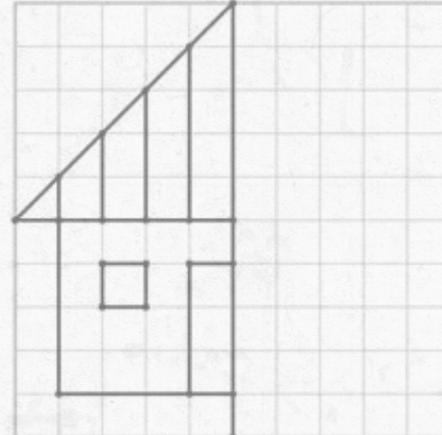
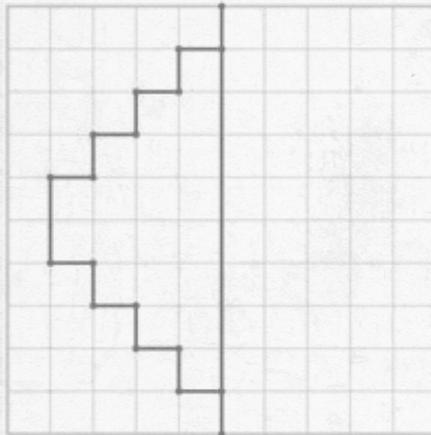
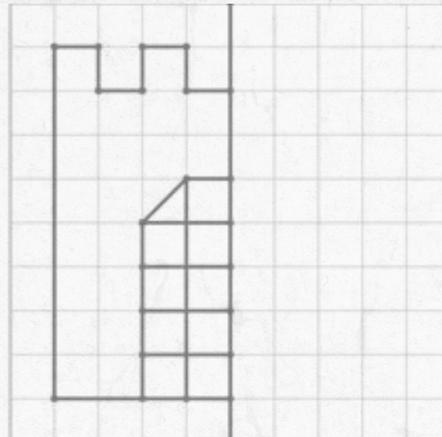
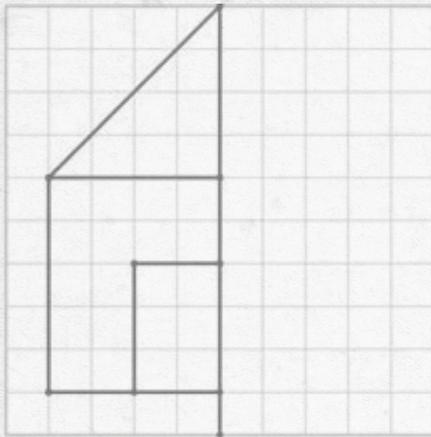
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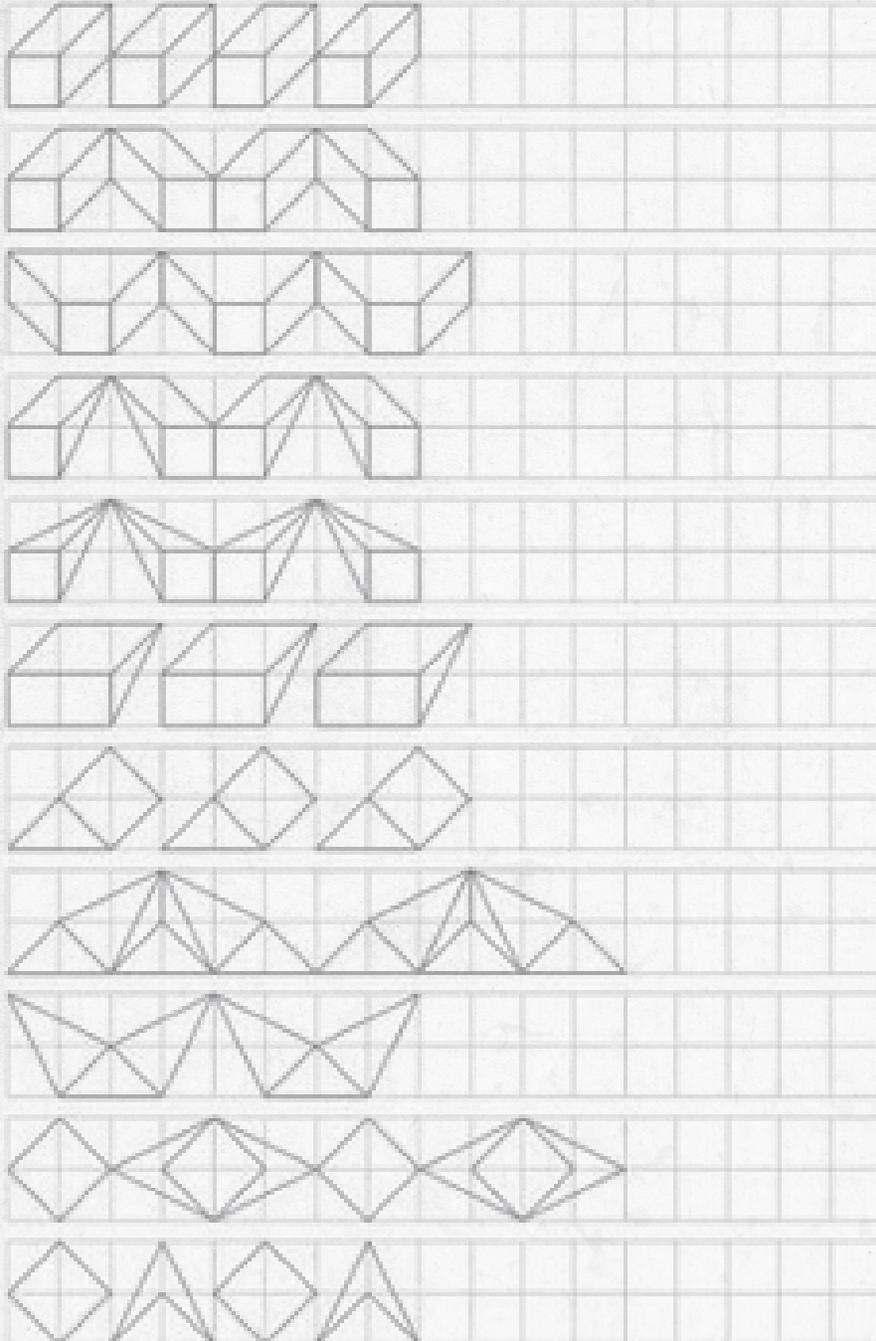
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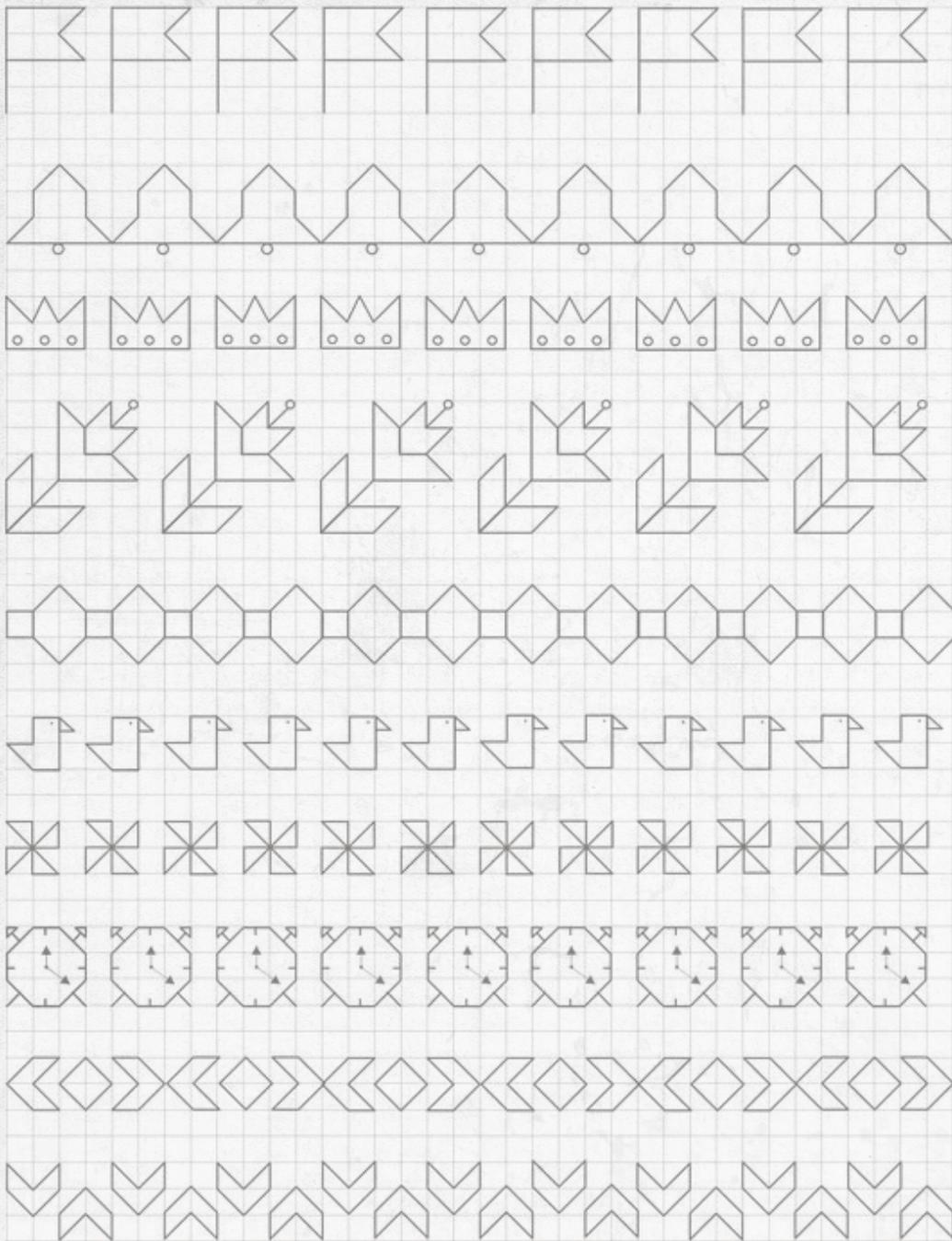
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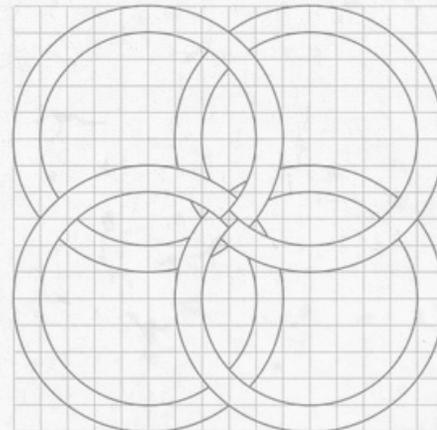
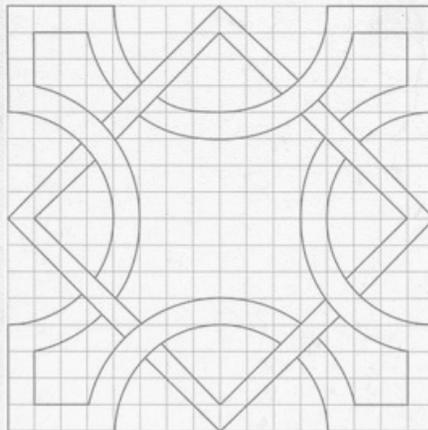
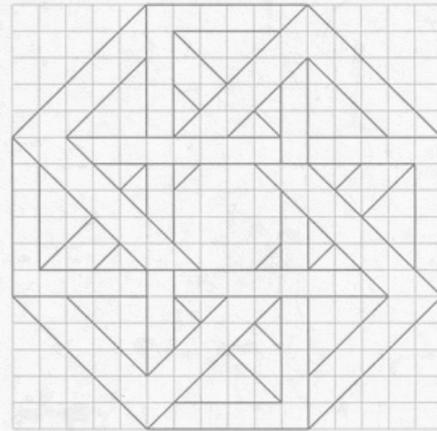
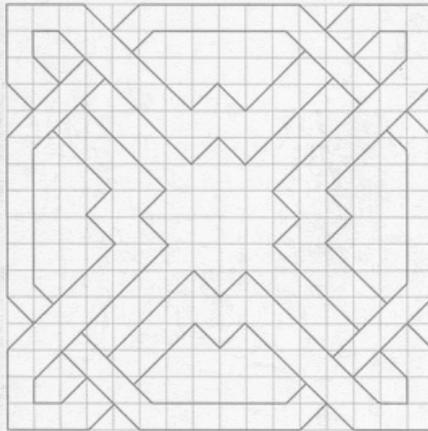
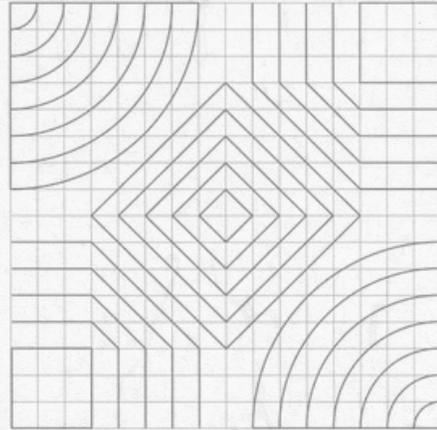
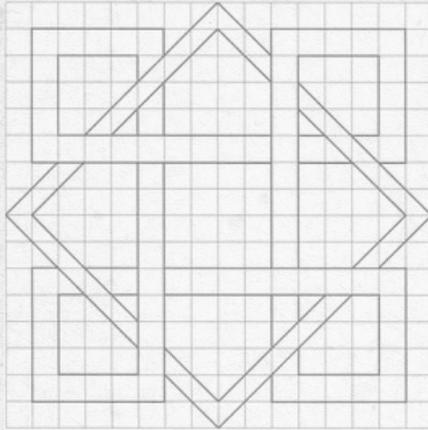
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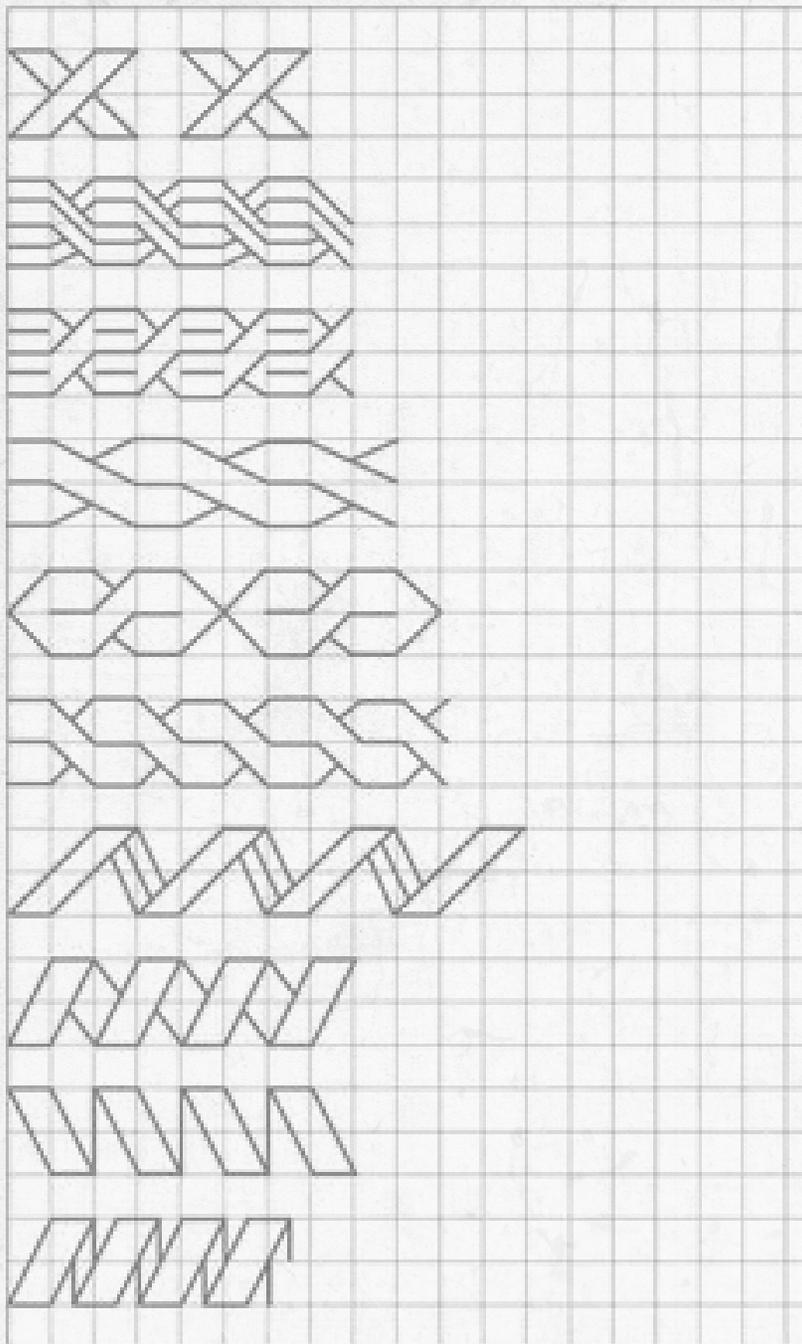
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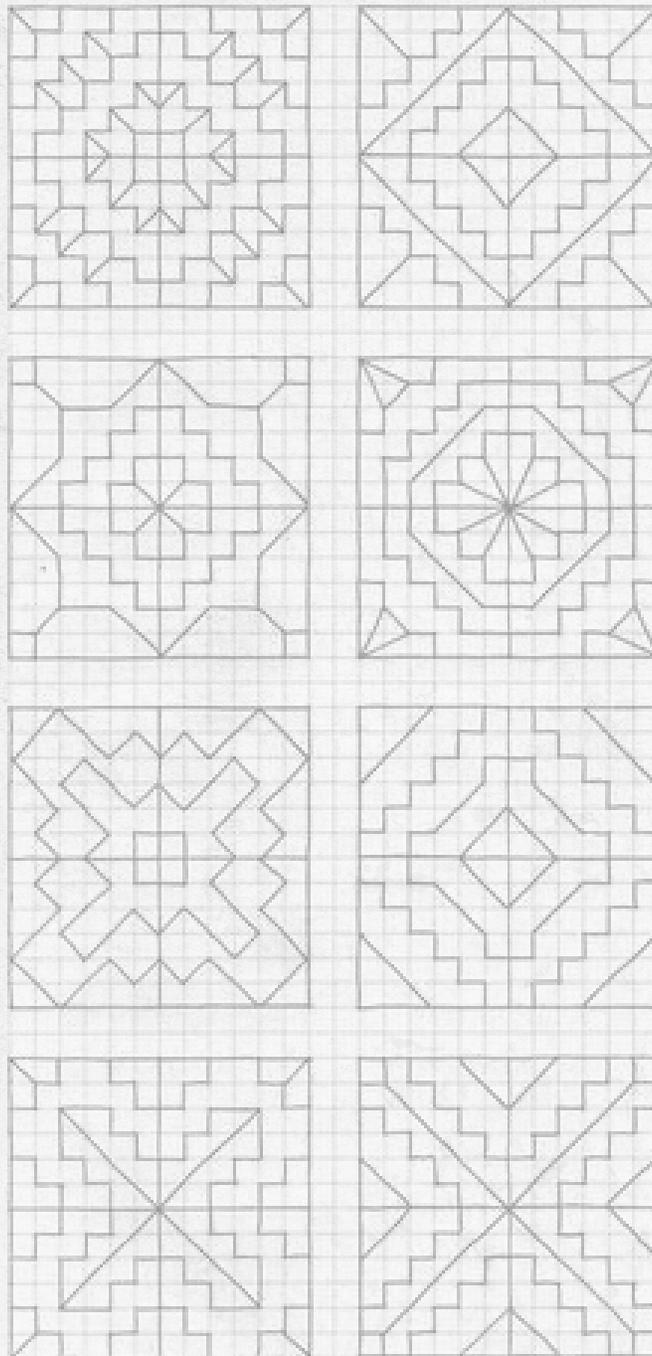
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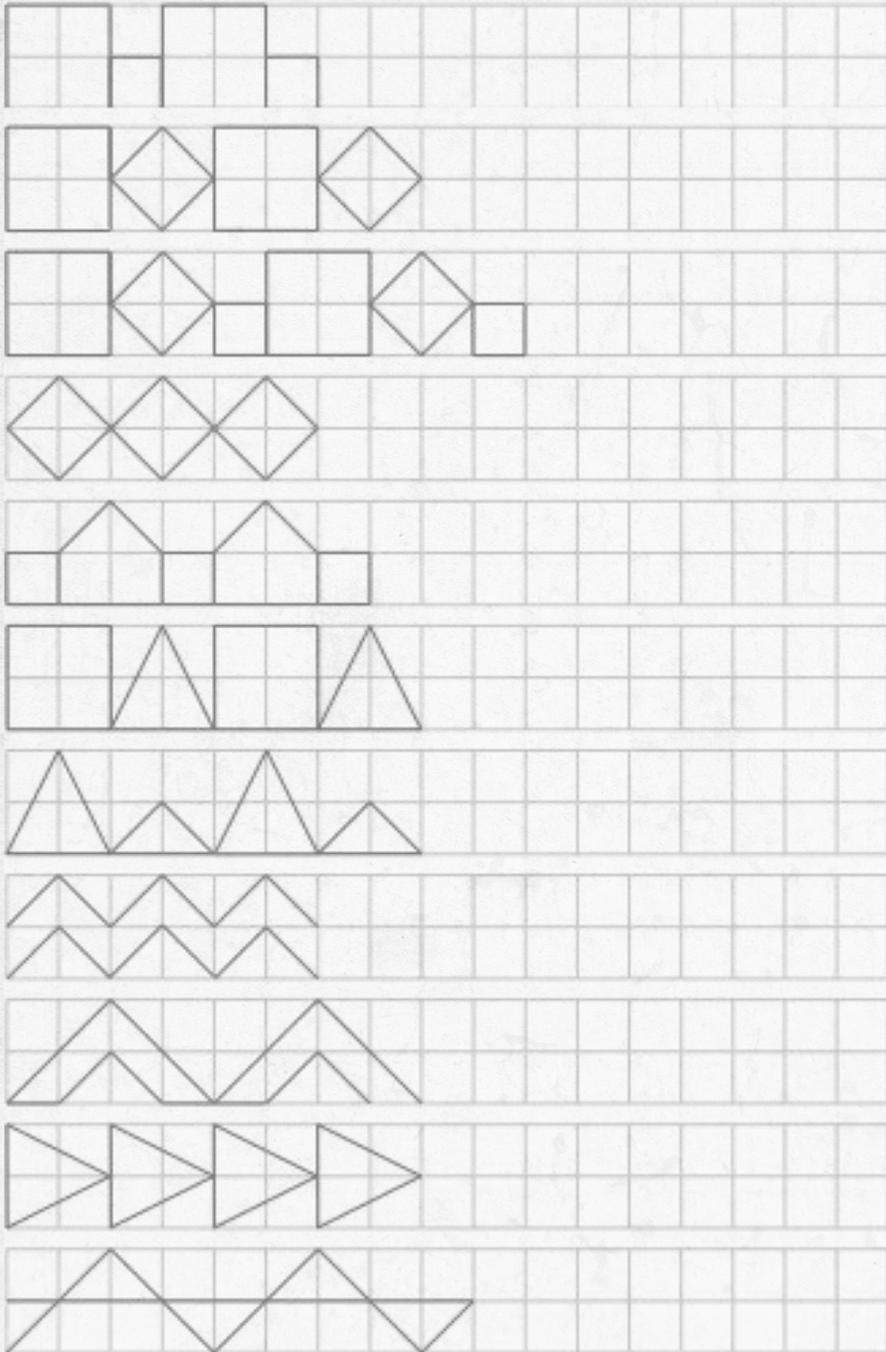
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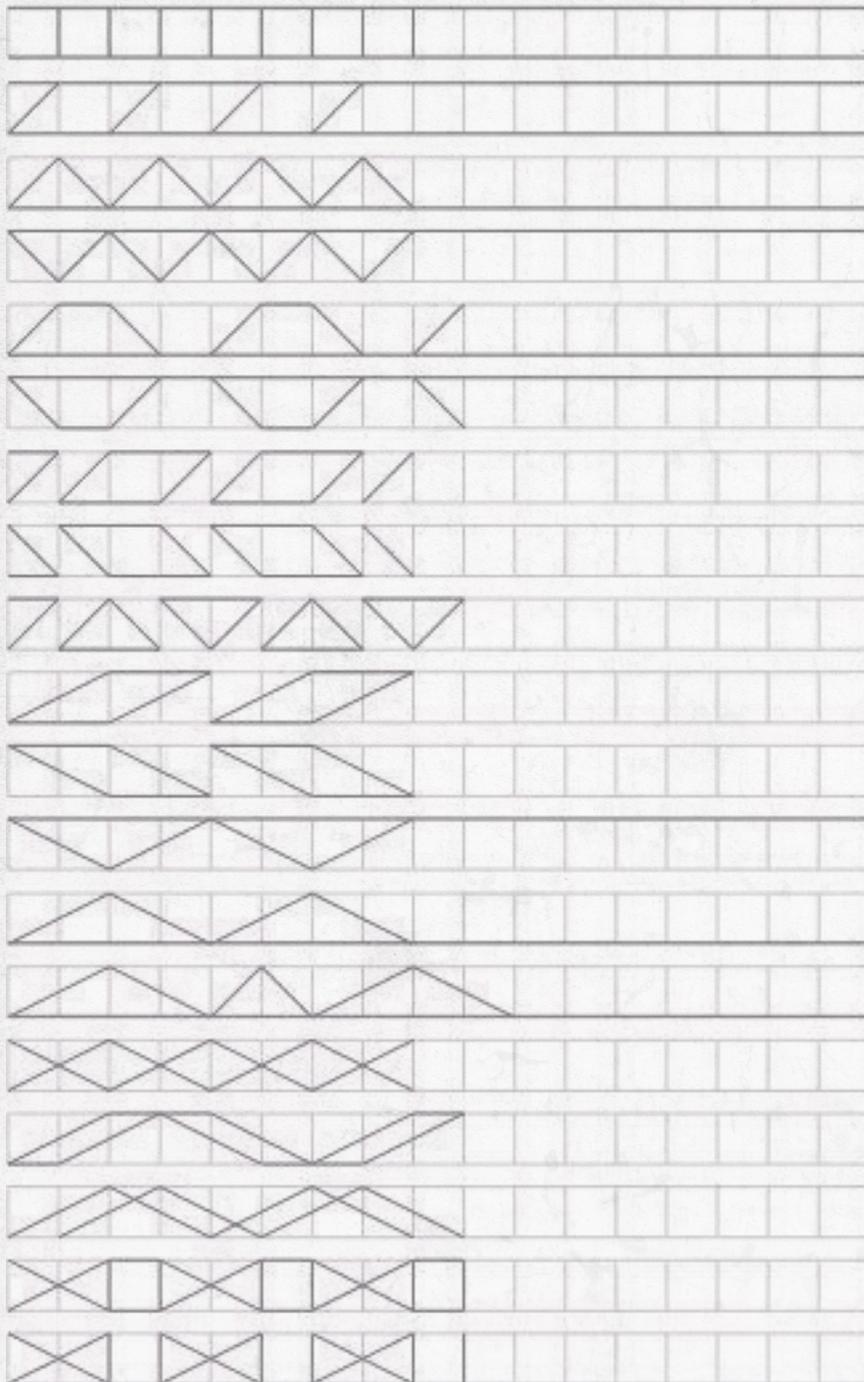
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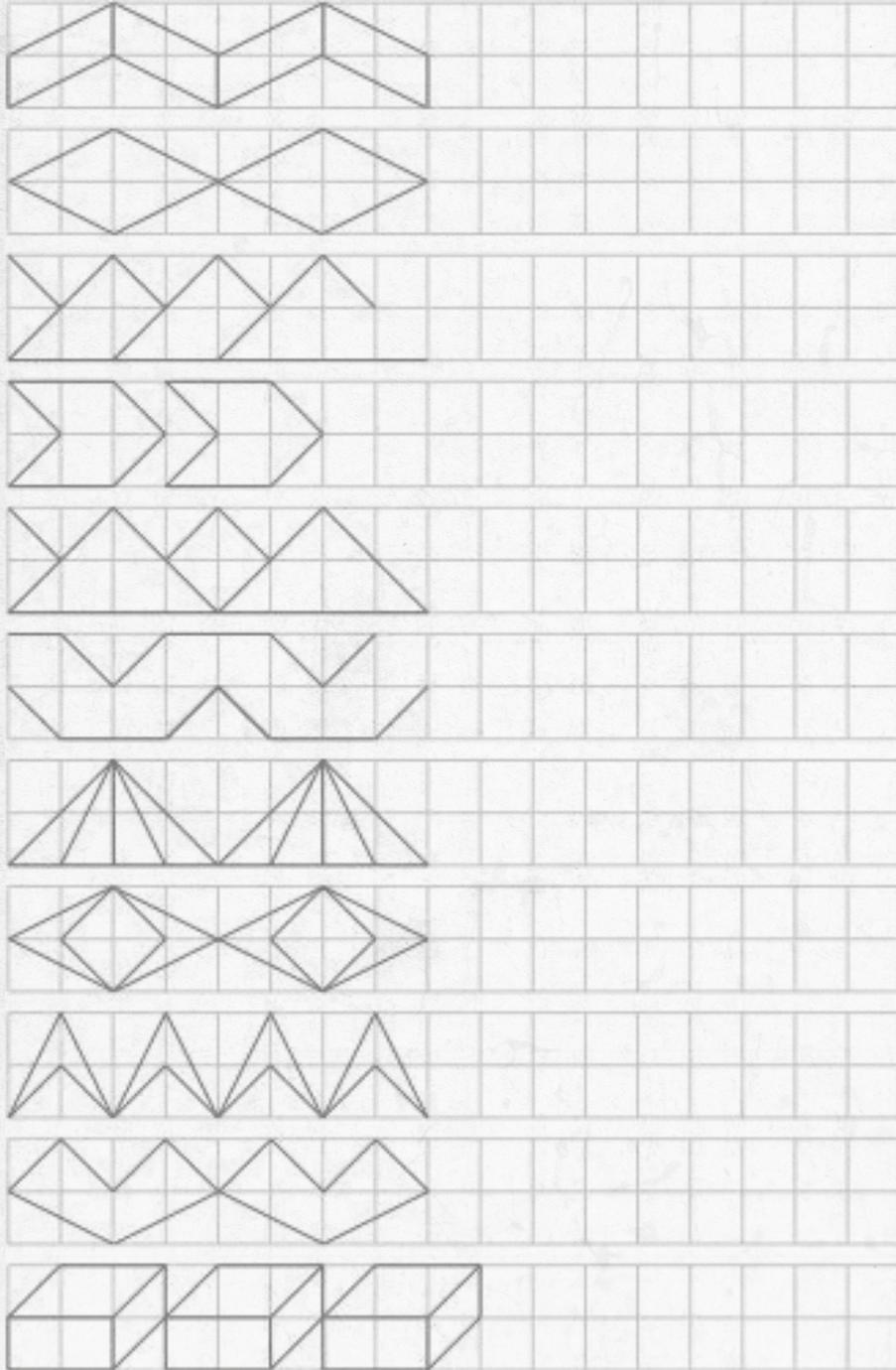
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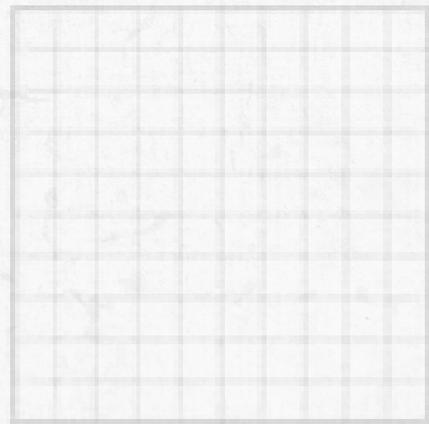
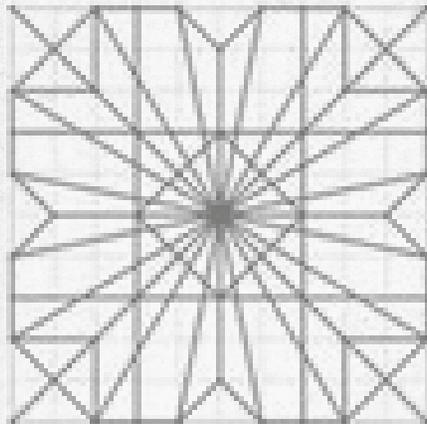
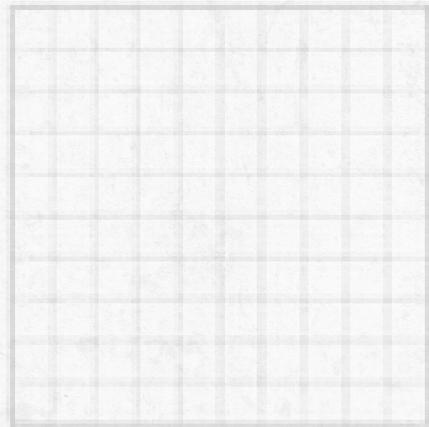
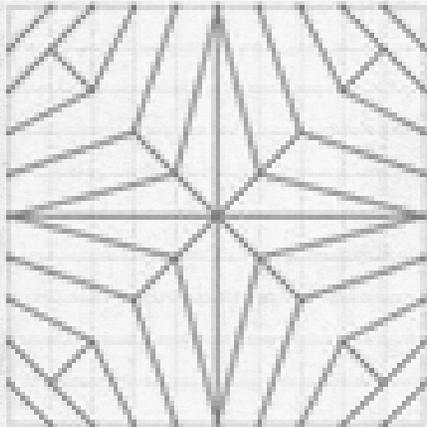
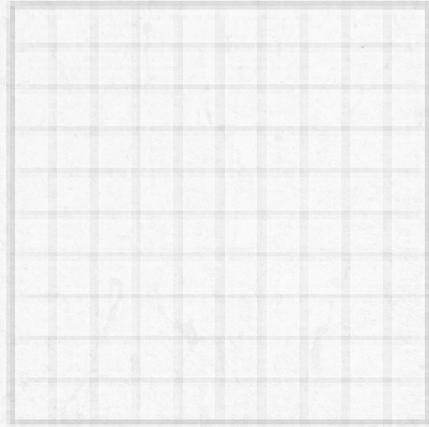
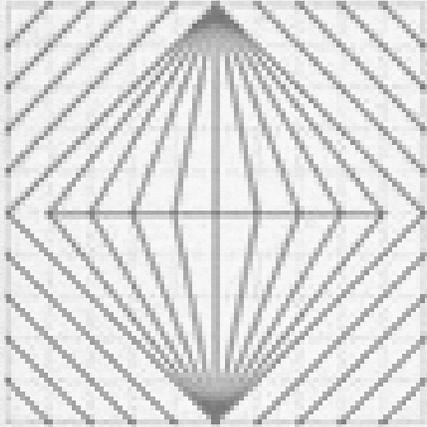
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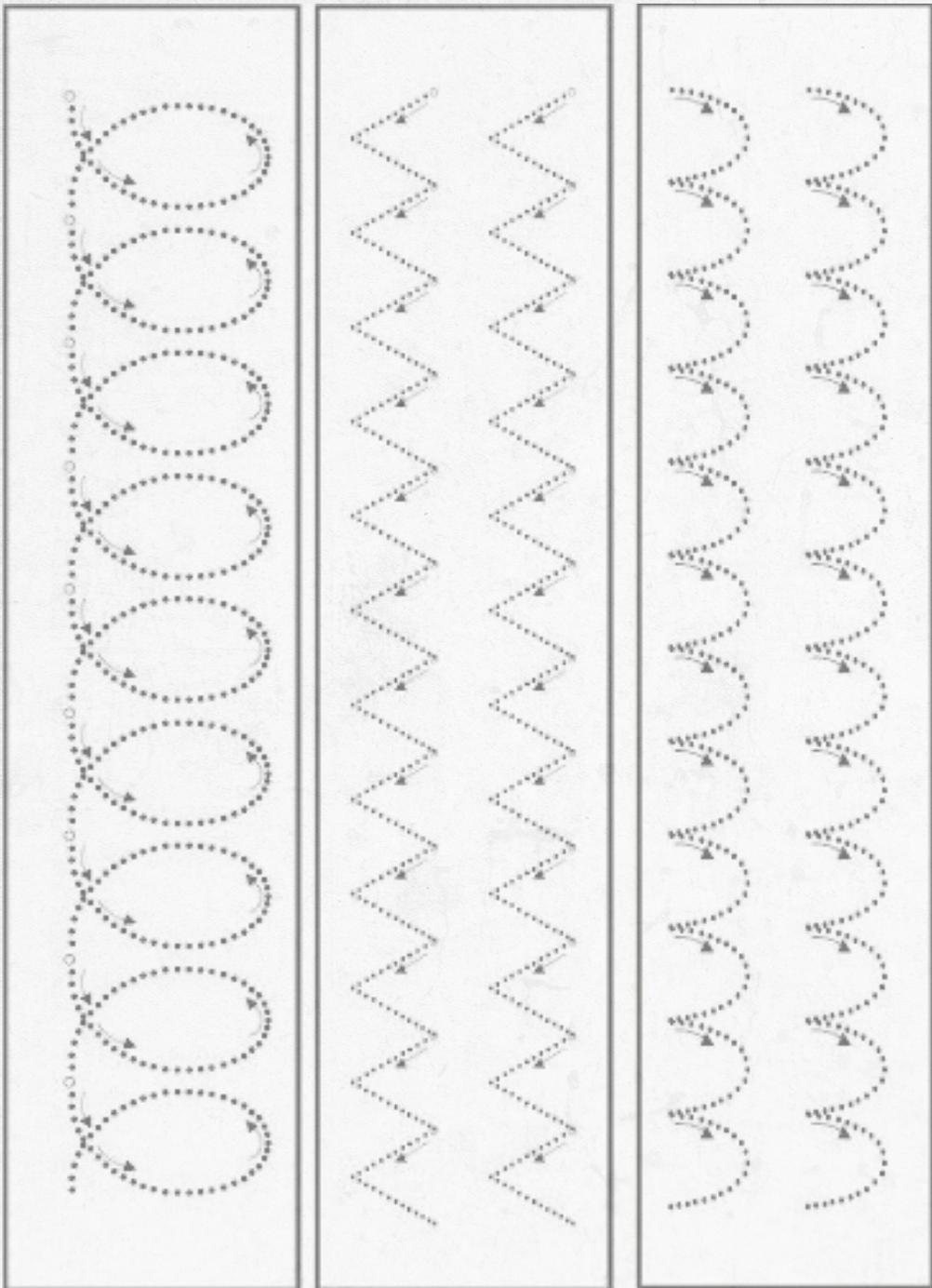
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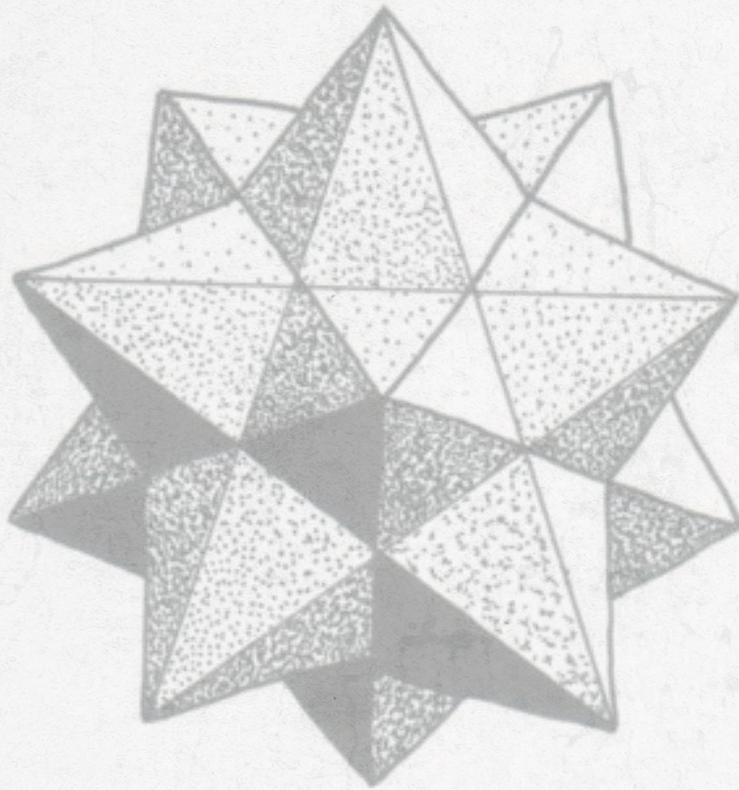
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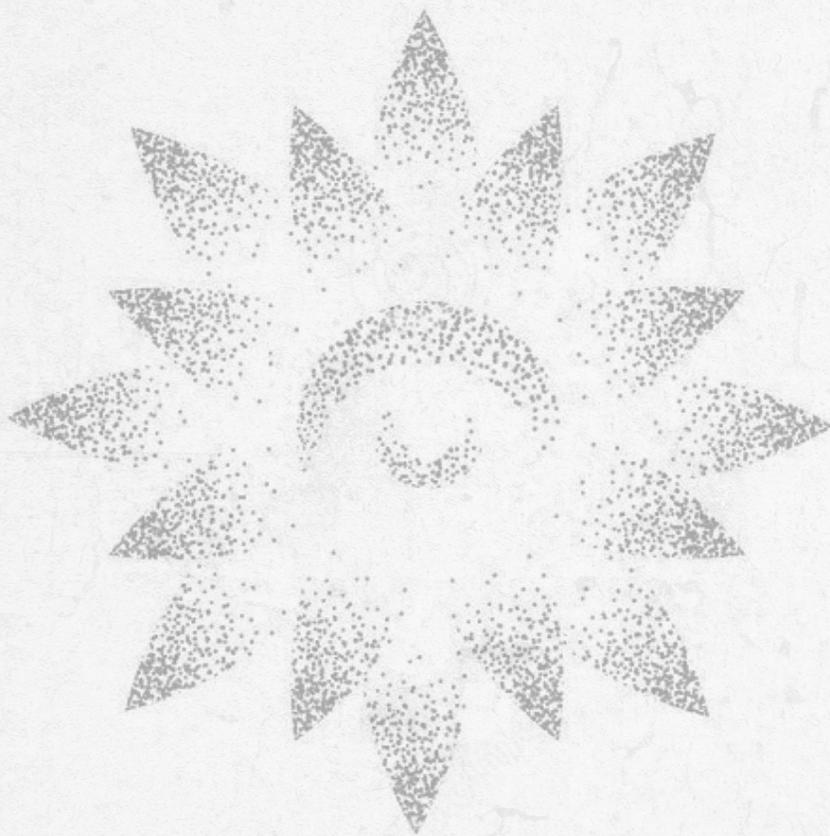
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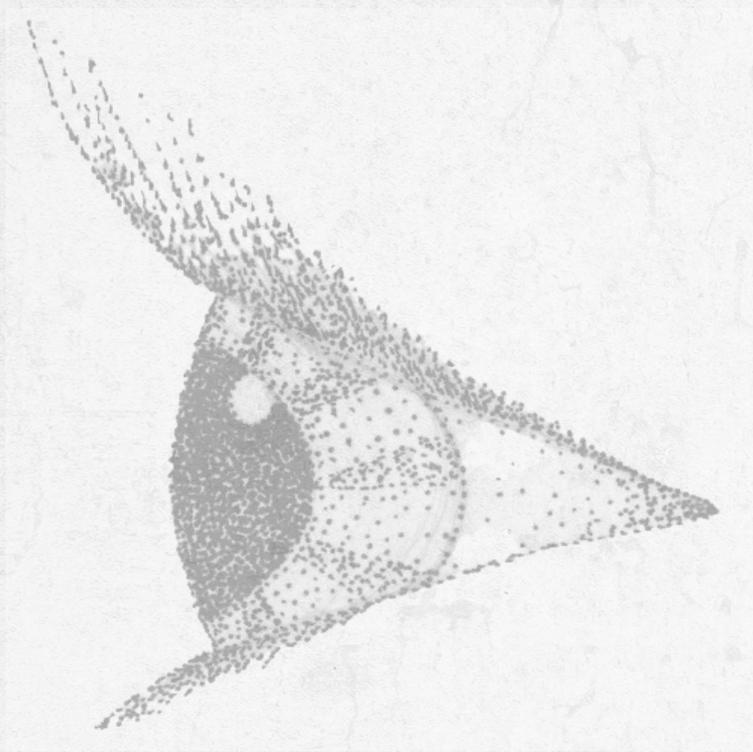
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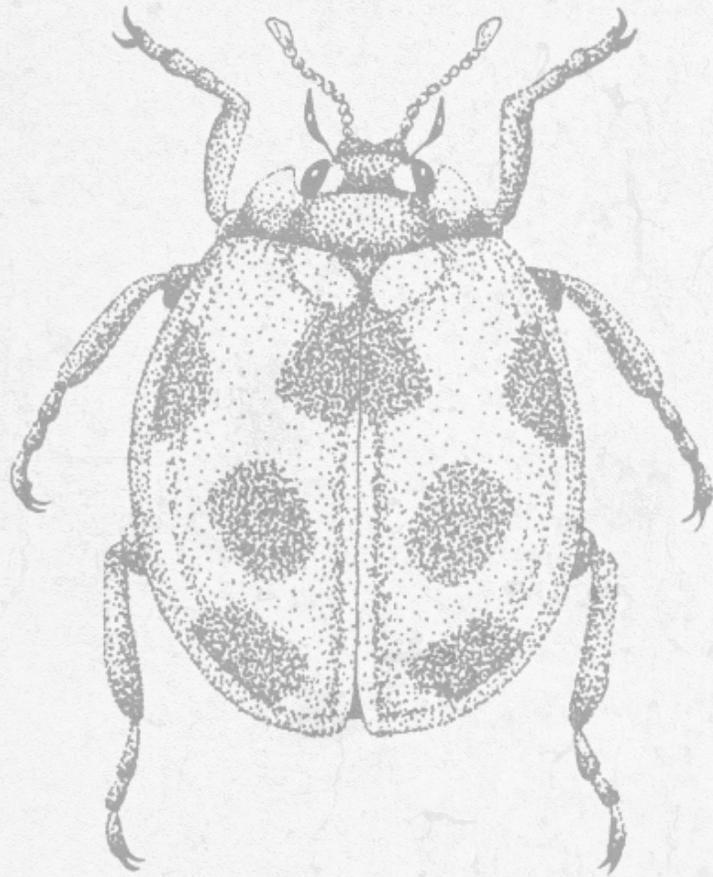
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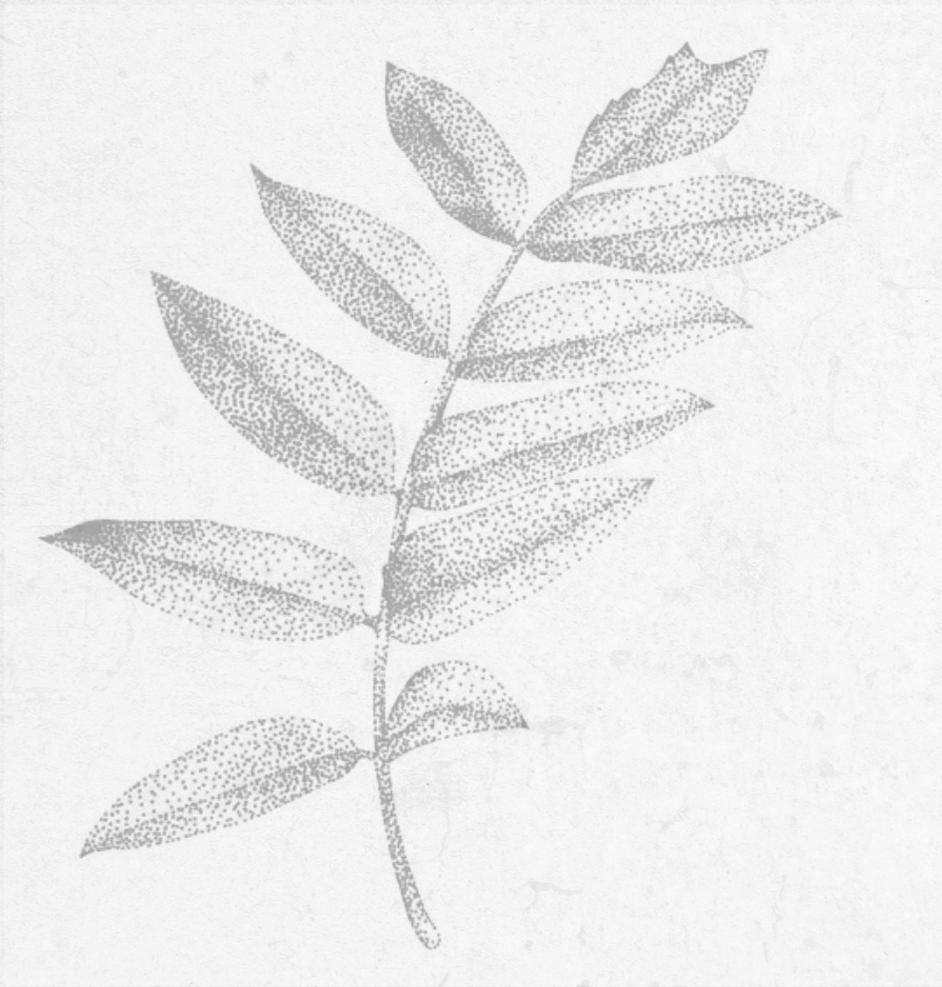
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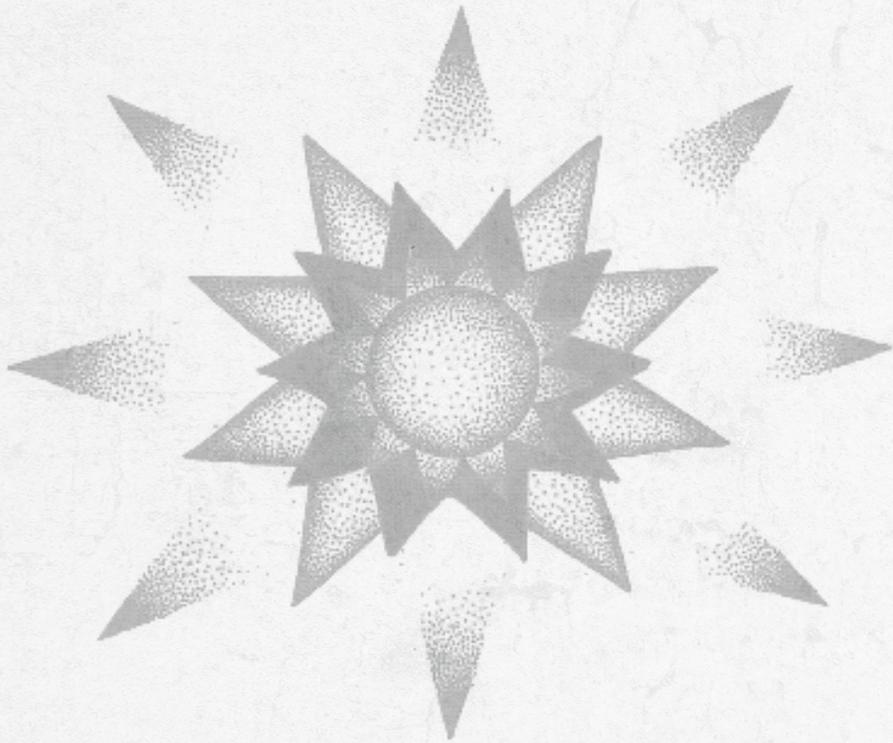
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